

# Rafal Kuzlik - Abstract

## Presenting Author & Affiliation

Kuzlik Rafal MD, PhD, SaskaMed Clinic, Warsaw, Poland

## Co-Authors & Affiliations (if applicable):

## Title of Poster Presentation

Radiofrequency devices to address vaginal laxity

## Abstract of the presentation

**Introduction:** Vaginal laxity, urinary incontinence and sexual dysfunction, They are very serious problems of many women. All over the world there are many devices to treat patients with these disorders.

**Objectives:** To prove, that radiofrequency is a safe procedure with fast results. **Materials and methods:** 24 patients took part in the study, aged between 30 and 70 y.o. with vaginal laxity and urinary incontinence. Excluding criteria: vagina's width over 3 fingers, level of SUI over second degree, vaginal bleeding, unproper PAP smear or other pathologies of the vagina and uterus, Besides vaginal and urinary problems, sexual satisfaction was taken under consideration. In the study ThermiVa was used as radiofrequency device. 3 examinations were made: before, after first and second procedure. All procedures were performed with temperature 45-47 ° C. **Results:** Over 30% of improvement was observed. **Conclusions:** Radiofrequency procedures using ThermiVa are safe and effective, without any side effects.

## References